



Last year you helped provide Christmas Hampers of food and other items to those in our Community who suffer food poverty. Because of your gifts it was a wonderful work greatly received. We ask for your help again to provide food over the festive period. In order to have the food and toiletry items needed we will be asking for particular items over the months of October and November ready to be packed and delivered in early December. Each week we plan to request 2 or 3 items that we need, so look out for our weekly requests on Facebook or on our website www.larne.foodbank.org.uk

Thank you to those who have already been in touch to see what we need.

Thank you so much

to all who responded to our requests over the summer.

We currently have plenty of:

Breakfast Cereal, Beans, Pasta

so if you normally donate these items can we politely ask that you please consider donating one of the items on the list below instead, as they are the things that we are most in need of.

This month we are short of:

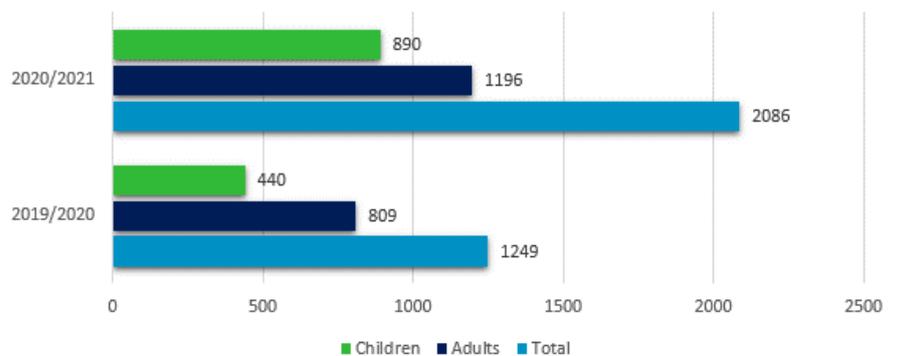
- **Tinned Tomatoes**
- **Tinned Rice and Custard**
- **Instant Mash**
- **Red & Brown Sauce**
- **Tinned Fruit**



Larne foodbank Held its AGM on 1st July

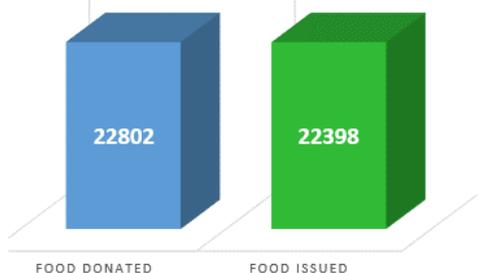
On the 1st July 2021, eighteen members and supporters of Larne Foodbank met socially distanced at our AGM to hear about the work over the past year. Those who attended were informed that from 1st April 2020 to 31st of March 2021 Larne Foodbank had supplied at least 3 days to 2086 people, 1196 adults and 890 children. This is up 60% on the previous year. (see graph below)

Number of People fed over the past two years



Thank you to all who donated food, most of which was donated through the ASDA collection point. Your generosity resulted in you donating almost exactly what we needed to give out. So a huge thank you.

FOOD DONATED AND ISSUED IN KG



As well as food, toiletry and household cleaning items in our parcels, we were able to issue vouchers for those referred to us to purchase fresh meat, fruit and vegetables, milk and bread. We want to thank those businesses and organisations who donated and grant aided this important addition to our work.

Thank you to our Referrers

those who worked in partnership with us and helped to make sure people in food poverty were given additional help to solve their crisis. Our largest referrer, this past year, was Christians Against Poverty (CAP) who received food parcels to support people while they worked with them to become debt free and able to face the future.

8 New Volunteers at Larne Foodbank

Our two Joans have welcomed and given training to eight new volunteers at Larne Foodbank. It is great to have these additional volunteers join with our wonderful teams who have kept Larne Foodbank going throughout the lock downs, and the worst of the pandemic.