

What is in a food parcel?



Government food parcel as seen in the press

There has been much talk in the press about the government food parcels, as seen above, which were provided to families on free school meals. We know that this has raised questions about what we as a Foodbank give out to people. So we thought we would take the opportunity to let you know. Each referral voucher we receive gives us information of how many there are in the family and what their ages are.



The food given out reflects the number people in the family. The picture above shows what is given to one person. The picture below shows what is given to a family of five people.



As well as the pack of food and toiletries shown we have items which people can choose from to add to their pack. We have also been supported financially enabling us to give vouchers for fresh bread, fruit, vegetables and meat. From time to time we get feedback from folk who have received a pack and we ask how the pack was for them. We have had very appreciative and favorable comments.

Thank you to all the local Businesses who have supported Larne Foodbank financially over the past couple of months



2015 people fed in 2020

Since 1st January 2020 until the end of the year on 31st December 2020 Larne Foodbank has been able to provide food support to a total of 2015 people, 1184 adults and 831 children. This is all thanks to the outstanding generosity of you, the local community. Thank you.

In 2019 you donated 14 tonnes of food and toiletries and in 2020 that increased to an amazing 21 tonnes. This amount of food matched exactly what we needed to give out to the families and individuals needing help in this, the strangest of years with 21.3 tonnes of food and toiletries being given out. The Foodbank still has good stocks to be able to provide help to those struggling to put food on the table.

If you know of anyone with concerns about visiting the foodbank for the first time please encourage them to contact Joan on the Larne foodbank emergency phone, 07443 435404 and she will be happy to talk them through the process.

