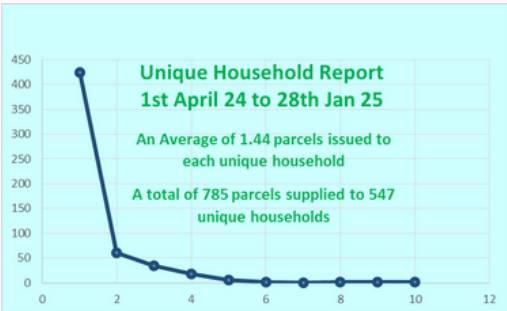


**Ministerial Visit to Larne Foodbank**



Larne Foodbank hosted a Ministerial visit from Gordon Lyons MLA, Minister for the Department for Communities and the Trussell NI Team. We were delighted that the Minister and his team took time to listen to the concerns of Larne Foodbank and the Trussell Team about the plight of those who find themselves in need of a Foodbank Parcel. The Minister listened to the stories and took note of the statistics which we were able to present to him.

**Unique Household Report**



Trussell are a great organisation to be part of as they provide Foodbanks with reports and information so that we know how many we have fed and how often people get parcels etc.

The Trussell Unique Household report shows that in the past year Larne Foodbank gave out an average of 1.44 parcels to each unique household. We were surprised but pleased at how low this was.

- 94.88% of households got one two or three parcels
- Only 5.11% of recipients received more than three parcels in the past year.



**HOLD the**  
**BAKED BEANS**

I recently came across an article on line written by Adrian Chiles entitled "Hold the Baked Beans". He had been visiting a Trussell Foodbank for a programme he was doing. I smiled as I read it as it resonated with what happens here in Larne Foodbank. In the visit he discovered that nearly all foodbanks receive lots of donations of Baked Beans, and many foodbanks have 'baked bean mountains'.

Chiles said, "The list of what foodbanks tend to need and not need is fascinating. You can see why baked beans are a popular choice - inoffensive, non-perishable and pretty classless. And then look at the kind of things food banks tend to be short of. In my calls to various Trussell foodbanks around the country - long life fruit juice, UHT milk, canned meat and custard kept coming up. Examining my own prejudices, these are things that this middle-aged, middle-class chap doesn't normally buy and might even turn his nose up at. I wonder if that's why I wouldn't want to pass them on to anyone else. So, I've called my local food bank, got their list, and now I'm off shopping." (Adrian Chiles)

If you want to know what is needed in Larne Foodbank please look out for the list of shortages on our Newsletter, follow us on Facebook, look on the trolley in ASDA or listen out for the announcements at church. Thank you.

**Current Shortages**

**UHT MILK**

**LONG LIFE FRUIT JUICE**

**Thank you for responding to our request for Tinned Tomatoes last month. Your response has meant that we have enough tinned tomatoes to put in every parcel.**

